

## **Be a 6<sup>th</sup> Grade Mentor Trainings**

### **Why Training Matters**

It is so easy to share one's work experiences, listen, and help a young person explore their future career options. Anyone can do it! But, research also shows us that it helps for mentors to be prepared to do this in a highly effective way.

Studies of mentoring have found that mentor/mentee relationships are more satisfying, last longer, and produce better outcomes for youth when mentors participate in a minimum of 6 hours of training before they start meeting their mentees.<sup>1</sup>

### **Training Requirements for Mentors**

Be a 6<sup>th</sup> Grade Mentor mentors must complete six and a half (6.5) hours of pre-match training, including Mentoring 101 (3 hours), Mentoring 205: Dimensions of Diversity – Appreciating Perspectives within the Mentoring Relationship (2 hours), Pittsburgh Public Schools Career Educational Materials Training (1 hour), and a school building orientation (1/2 hour).

#### **Mentoring 101: What Every Mentor Should Know**

This interactive training program provides participants with an introduction to mentoring and what to expect as a mentor. This is appropriate to both new mentors as an introduction and current mentors that would like a refresher.

#### **Mentoring 205: Dimensions of Diversity - Appreciating Perspectives within the Mentoring Relationship**

How we associate with other people and express ourselves is diversity. There are all kinds of assumptions and stereotypes based on gender, size, clothes, etc. As much as we try to be objective, we all have some theories about people based on stereotypes. Young people need a mentor to help them see that diversity goes beyond race and gender.

#### **Pittsburgh Public Schools Career Education Mentoring Materials**

Pittsburgh Public School staff will introduce mentors to the materials they will use during the mentoring relationship. The materials provide suggestions for how the mentors can guide mentees through discussions about items such as the Pittsburgh Promise, school and workplace roles and behaviors, personal interests, and the relationship between education and careers.

---

<sup>1</sup> Herrera, C., Sipe, C.L., McClanahan, W.S., Arbretton, A.J.A. & Pepper, S.K. (2000) Mentoring School-Age Children: Relationship Development in Community-Based and School-Based Programs, April 2000

**REGISTRATION IS REQUIRED FOR ALL TRAININGS.** If you have applied to Be A 6<sup>th</sup> Grade Mentor and have not yet received an email about Mentoring 101 or Mentoring 205 training, please click here ([mentoring@uwac.org](mailto:mentoring@uwac.org))

**Mentoring 101 & 205 and Career Educational Materials Training Dates**

- Wednesday, October 14, 2009 - 4:00 pm to 8:00 pm
- Saturday, October 17, 2009 - 9:30 am to 2:30 pm
- Wednesday, October 21, 2009 - 4:00 pm to 8:00 pm
- Saturday, October 24, 2009 - 9:30 am to 2:30 pm

All trainings take place at the Mentoring Partnership of Southwestern Pennsylvania located at 2934 Smallman Street, Pittsburgh, PA 15201.

If you would like to register for any of these trainings, please contact Crystal White to obtain a Registration Form at (412) 281-2535 x 219 or via email at [cwhite@mentoringpittsburgh.org](mailto:cwhite@mentoringpittsburgh.org)